# PRACTICUM / PSH SUMMARY SHEET (UWO Clinical Program form)

Practic	um Course # or PSH #:		
• Settin	9		
• Date	Began (Mon/Day/Yr):/_	/ Date Ended (Mon/Day/Yr):/	
copy w	ith your end of practicum pape	nd two of this document, referring to pp 3-5 for instructions. Suberwork. Retain a copy for your records. If this paperwork is for patings) submit another summary form for the remaining part(s) of	part of a practicum
		HOURS	
the AA	PI) Online Instructions 2015/1 P (August 2021).	ount hours, refer to Appendix A (pp. 3-4) of this document, which the following link for recommendations on logginarch/clinical/pdfs/Guidelines_documenting_clinical_training_homeons.	ng hours, as per
	Activity		# Hrs
	Intervention Experience (Supervisor not present)		
	DI-I	Intervention (e.g., individual, group, couples, and/or family therapy, career counselling, school counseling)	
	DI-Int/SI	Intake and/or Structured interviews	
	DI-C	Consultation (Note: Client or client designate must be present. Tally of AAPI "School Couns." & "Other Psych. Interv")	
TOTAL	DI-T	Intervention TOTAL	
	DI-Sup	You provide supervision	
	DA	Direct Assessment - Supervisor not present	
	DI-S Direct Intervention - Supervisor present		
	DA-S	Direct Assessment - Supervisor present	
	Sup	Supervision (i.e., client not present)	
	D-Tele	Direct-Telehealth* (2-way videoconferencing with client)	
	Ind	Indirect (Support)	
			# Reports
	Int-R	# Integrated reports	
	nany hours of direct Assessme ay video/teleconferencing with	ent + Intervention + Intake/Structured Interviews + Consultation client.	were conducted
Student Name:		Signature: Date:	
Supervisor Name:		Signature:Date:	

# **DETAILS ABOUT THE CLINICAL TRAINING EXPERIENCE**

Note: Refer to Appendix B of this document (Page 5), the "LEGEND FOR DOCUMENTING DETAILS OF YOUR TRAINING EXPERIENCES" to complete A-F.

A.	A. Age Group					
	Primary Secondary (if appl)	Tertiary (if appl)				
В.	B. Setting					
	Primary Secondary (if appl)	Tertiary (if appl) Other	(specify):			
C.	C. Modality					
	Primary Secondary (if appl)	Tertiary (if appl) Other	(specify):			
D. Therapeutic Orientation						
	Primary Secondary (if appl)	Tertiary (if appl) Other	(specify):			
Ε.	E. Client Problems					
	Primary Secondary (if appl)	Tertiary (if appl) Other	(specify):			
F. Supervision you received (Choose all that apply)						
Describe Audio Video Co-therapy Live						
Stu	Student Name:Signa	ature:	_ Date:			
Sui	Supervisor Name: Signa	ture·	Date:			

# **Appendix A: ON COUNTING HOURS**

These are excerpts extracted (almost verbatim) from pp. 16-20 of:

https://www.appic.org/Portals/0/downloads/AAPI Online Instructions Manual 2015-2016.pdf

Note: On AAPI, all hours (even those accrued during your Masters) are entered as "Doctoral Practicum Hours"

### **Intervention Experience (DI)**

#### **Subcategories:**

**DI-I. Intervention**. Face-to-face therapy with an individual client, group, couple of family (e.g., individual therapy, group therapy, couples therapy, family therapy, school counselling interventions, career counselling, etc.)

**DI-Int/SI. Intake/Structured interviews** are counted as intervention. Note: All demographics associated with Intake/Structured Interviews are counted as Assessment in the Demographics portion of the AAPI. So if, when looking at your AAPI view report, the number of Assessment clients appears to be underestimated and the number of Intervention clients seems underestimated, it is because the Intake/Structured Interview clients are being counted as Assessment.

**DI-C. Consultation**. Consultation activities may count as Intervention hours *only* if this activity involves direct contact with the client (e.g., individual, family, organization) or an agent of the client (e.g., parent, teacher). If the client or client's agent is not present during the consultation, it should be counted as indirect/support. Note: This is the tally of consultation hours you enter under the categories of "School Counselling" and "Other Psychological Interventions" on AAPI

**DI-Sup. Supervision provided by you.** Supervision that you have provided to other trainees or staff in a setting.

**DI-Tele. Telehealth**. Two-way interactive videoconferencing with a client for the purpose of delivering diagnostic and/or therapeutic services. Common applications include pre-hospitalization assessment and post-hospital follow-up care, scheduled and urgent outpatient visits, psychotherapy and consultation. This does not include phone sessions or clinical supervision.

### **Direct Assessment (DI-A)**

Experiences in providing psycho diagnostic and neuropsychological assessments. You should provide the estimated total number of face-to-face client contact hours administering instruments and providing feedback to clients/patients. You **should not** include the activities of scoring and report writing, which should instead be included in the "Support Activities" section. Do not count practice administrations. Testing experience accrued while employed **should not** be included in this section and may instead be listed on a curriculum vita. You should only include instruments for which you administered the full test. Partial tests or administering only selected subtests are NOT to be included in this accounting. You should only count each administration once.

#### Supervision (Sup)

Supervision activity involves a formal evaluative component, and may include both supervision received as an individual (i.e., one-to-one) and within a group. (Note: Supervision that you have provided to other students or staff in a setting should not be recorded in this section but rather in the "Intervention Experience" section.)

Individual supervision is defined as regularly scheduled, one-on-one, face-to-face supervision with the specific intent of overseeing the psychological services rendered by the supervisee. Group supervision is defined as regularly scheduled, face-to-face supervision with multiple supervisees, with the specific intent of overseeing the psychological services rendered by the supervisees.

#### **Indirect/Support Activities (Ind)**

This includes practicum activities spent outside the counseling / therapy hour while still focused on the client / patient (e.g., chart review, writing progress notes, consulting with other professionals, case conferences, case management, video/audio review of recorded sessions, assessment interpretation and report writing, etc.).

It also includes participation in didactic training held at the practicum site (e.g. grand rounds, seminars), and time spent preparing and delivering case presentations for the practicum course.

Consultation activities with other professionals regarding coordination of care (e.g., psychiatrist, nurse, teacher, social worker, child care worker), without the client / patient present also are counted under Support hours.

#### **Number of Integrated Reports (Int-R)**

The number of *integrated* psychological testing reports that you have written during this practicum. DO NOT include reports written from an interview that is only history-taking, a clinical interview, and/or only the completion of behavioral rating form, where no additional psychological tests are administered. The definition of an integrated psychological testing report is a report that includes a review of history, results of an interview and at least two psychological tests from one or more of the following categories: personality measures, intellectual tests, cognitive tests, and neuropsychological tests.

#### Appendix B: Documenting Details of your Training Experiences (To Complete A-F)

#### A. Age Group

C - Child

T - Adolescent/Teen

A - Adult

G - Geriatric

# B. Setting

**OPI - Outpatient Psychiatric** 

IPI - Inpatient Psychiatric

OMH - Outpatient Medical Hospital/Clinic (include Community Family Health Practice placements under this category)

**IMH** - Inpatient Medical Hospital

**UCC - University Counselling Center** 

SCH - Schools

FJ - Forensic/Justice Setting

CMHC - Community Mental Health Center. (These are much more common in the US than in Canada. The Wait List Clinic would be coded as a CMHC).

PP - Private Practice

#### C. Modality

IND: Individual GRP: Group FAM: Family COU: Couple

OTH: Other Specify

# D. Therapeutic Orientation

ACT: Acceptance and Commitment and/or Mindfulness

**CBT**: Cognitive Behavioral

COG: Cognitive BEH: Behavioral DYN: Psychodynamic

GES: Gestalt
HUM: Humanistic
INT: Interpersonal
EXT: Existential
FS: Family Systems
ECL: Eclectic

OTH: Other Specify

NA: Not applicable

### E. <u>Client Problems (as per DSM V)</u>

ND - Neurodevelopmental Disorders

ND-ID Intellectual Disability
ND-Com Communication Disorders
ND-Aut Autism Spectrum Disorders

ND-ADHD Attention Deficit/Hyperactivity Disorder

ND-LD Learning Disorder
ND-Mov Movement Disorder

ND-Tic Tic Disorder ND-Oth Other

SCHIZ Schizophrenia Spectrum and Other Psychotic Disorders

BIP Bipolar and Related Disorders

DEP Depressive Disorders
ANX Anxiety Disorders

OBCOM Obsessive-Compulsive and Related Disorders

DIS Dissociative Disorders

#### TR - Trauma and Stressor-Related Disorders

TR-PTSD Post-traumatic Stress Disorder TR-RA Reactive Attachment Disorder

TR-ADJ Adjustment Disorder

TR-Oth Other

SOM Somatic Symptom and Related Disorders

FEED Feeding and Eating Disorders

ELIM Elimination Disorders
SLP Sleep-Wake Disorders
SEX Sexual Dysfunctions
GDYS Gender Dysphoria

CON Disruptive, Impulse Control and Conduct Disorders

SUB Substance-Related and Addictive Disorders

NEURO Neurocognitive Disorders (e.g., Dementia, delirium, cognitive impairment due to Alzheimer's,

Parkinson's, etc.)

PER Personality Disorders
PAR Paraphilic Disorders

MED Medication-Induced Movement Disorders and Other Adverse Effects of Medication

OTHER: Other condition that is a focus of attention. Specify

# F. <u>Supervision</u>

D: You **D**escribe case to supervisor

A: You review **A**udiotape with supervisor V: You review **V**ideo with supervisor

C: **C**o-therapy/co-interview L: Supervisor observes you **L**ive